



June 2016

[www.u3abayofislands.wordpress.com](http://www.u3abayofislands.wordpress.com)

U3A Bay of Islands, PO Box 833, Kerikeri 0245

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## President's Report

June is upon us. A few things that we can do...

Firstly, go and have a look at the wonderful U3A Bay of Islands display in the Procter Library window and point it out to non-members.

Secondly, have yourself nominated to join our committee – remember many hands make light work.

Finally, please come along to the June AGM as we have a few resolutions that need the support of the membership, and clearly to listen to our guest speaker, Stuart Park, talking about “Studio Glass in New Zealand”.

I look forward to meeting you all there, and enjoying our shared lunch after the meeting.



*Stuart Leitch*

## “Light up your day with U3A”

This is the theme of the U3A display in the Procter Library window for 1-12 June. Please check it out and tell your friends and relatives about it. In the foyer of the library you will find a guide compiled by Beth, one of the librarians, on how to find books suitable for the groups you belong to.

*Sue Robertson*

## U3A Bay of Islands AGM 2016

10.00 am Monday 20 June 2016  
St John Ambulance Hall, Kerikeri

**General Meeting** 10.30 am after the AGM

**Stuart Park**, former Director of Auckland War Memorial Museum and Northland Manager for NZ Historic Places Trust (now Heritage NZ), collector of NZ glass since 1979 will give an illustrated talk on

## Studio Glass in New Zealand

This presentation is open to the general public so please invite anyone who may be interested in U3A or NZ glass.

Please bring finger food and stay for our shared lunch.

Kitchen duty: Computers and Cameras Group



## New Members

This month we are delighted to welcome Howard Smith, Judith Burling and Jan Hardley. We hope that they will enjoy everything U3A Bay of Islands has to offer. Look out for them at the AGM and say "Hello".

## Membership Subscriptions 2016-17

The U3A Bay of Islands membership subscription remains at \$20 per person for the coming year. Thank you to those who have already paid. For those who have not yet paid it would be greatly appreciated if you could do so as soon as possible.

Bank account details for direct credit are: Account: 02 0352 0020910 000 Account name: U3A BOI

Please include your NAME in the details as otherwise I have no way of knowing who the sub belongs to.

Our postal address is:- The Treasurer, U3A Bay of Islands, PO Box 833, Kerikeri 0245

Alternatively bring it to the AGM. Please put it in an envelope and write your name clearly on the outside.

*Christine Cronshaw - Treasurer*

## U3A Assets

I will be doing a stocktake of all assets before the AGM so if you have anything belonging to U3A that you are no longer using (DVD's, CD's, books, equipment) please could you return it as soon as possible.

*Pam Jenkins - pmjenkins@xtra.co.nz – 09 407 7020*

## Technical Hint

**Email Addresses Hint – Copy and Paste** email addresses whenever possible rather than keying them.

**Why?** It is very easy to make a mistake when keying email addresses, and it is not always obvious a mistake has been made. A good example is my own address in which the last **c** of my user name is often left off.

*Christine Cronshaw*

## Group News

One of the three new groups advertised in last month's newsletter drew such a quick response that we were able to start the group later in the same month. This was the group looking at *The Mysteries of Human Behaviour*, facilitated by Mary Johnson. This group is now full so, unfortunately, some people may have missed out, a demonstration of the importance of applying quickly once you have found a topic which is of interest to you.

We have spaces in the other two groups so please let me know as soon as possible if you are interested.

### The History of Food

Perhaps we are inclined to take food for granted but over the centuries it has had an enormous influence on settlement, migration, politics and much more. For example think of the effect on Ireland and the rest of the world of the Irish potato famine in the 19<sup>th</sup> century.

This fascinating food story will start with the end of the last Ice Age and deal with food in each location, where higher cultures left evidence of their food consumption and agriculture. It will move through the Middle Ages, the age of seafaring and discovery, touch on history and social history, food fashions, changes in the cost of food items, multiple uses of various food items and lastly, some health considerations resulting from changes in eating and drinking patterns. Ulrike Novak will facilitate this group and meetings will be held at the home of Jack and Stephanie Beggs on the 2nd Wednesday of the month at 2.00 pm, starting in July.

## Creative Writing

This will be a small, supportive group where members can share their writing and learn from each other. Different types of writing, both fiction and non-fiction, will be attempted depending on the interests and preferences of the members. These will be explored at the first meeting of the group. Each month an assignment will be chosen and members will develop the idea in their own way and bring their writing to the monthly meeting to share. I will be happy to facilitate this group but the venue may vary, depending on members' preferences.

*Margaret Rasmussen* - [ras1@clear.net.nz](mailto:ras1@clear.net.nz) or 09 402 8949

## Featured Groups

### Natural History



Giant Tortoise

This group is based on a series of wild life documentaries from the BBC. The first three sessions were on the Galapagos Islands. We saw the unique wildlife of these islands and learnt about the history of the archipelago before Darwin paid the visit that led to his theory of evolution. There are lizards that clean sea lion skins and marine iguanas which sneeze the salt from their nostrils and other amazing adaptations.

As is the case everywhere, people are the great danger to these unique creatures. There are 30,000 inhabitants, three airports and hundreds of tourist ships cruise the area. Tourism is controlled and we were lucky to have Moira Warnock come and talk about her visit to the islands last year.



Blue footed Boobies

We have had one session of Wild China, a fascinating documentary made by BBC and China Television in 2008. Because of the collaboration, the BBC photographers were given unprecedented access to remote places. We saw the relationship between people, wild life and landscape over centuries in Southwest China. There are six episodes covering the whole of China.

*Pam Jenkins*

### Cooking

Tuesday's cooking took on a wintry theme with "Winter Warmers". We prepared a good old Scottish favourite, "Stovies". I used my mother's really simple and quick recipe. Roughly chop a couple of onions, peel and slice about six decent sized potatoes and put these in a pot. The trick is to slice the potatoes reasonable thickly so they will take the longest time to cook. Season with salt and pepper Add six good quality sausages to the pot, cover with water and bring all to the boil.

When the potatoes are cooked the "Stovies" are ready. Depending on the amount of water used, you will end up with something soupy or a more solid consistency – your choice!

We then made an ordinary basic stew using the pressure cooker, and finished off with some dumplings cooked in the pot. So all in all, we all took part in lots of peeling, slicing and chopping, and were rewarded with some very tasty morsels to enjoy at the end. On a selfish note, I have some scrumptious food items to go in the freezer for later on!



*Stuart Leitch*

## I Spy

On a summer-like autumn day our group of eight spent an engrossing hour at Roland's Wood looking at leaves, seeds and fruits of trees as well as fungi. Among our finds were the fruit of the female ginkgo, the giant leaves of pawlonia, some beautiful and ethereal fungi, several different types of acorn and the new shoots of emerging bluebells and daffodils. With Susanna's vast knowledge and various reference books we were able to identify most finds both at the wood and later during our "debrief" at the Cinema Cafe. So many were the items of interest that we moved only along the top path of the wood and we will probably need several more explorations to do justice to the rest of what this wonderful place has to offer.

*Rosie Hajnal*



## Local History Opua



Local History Opua visited the Whangaroa Museum at Kaeo for their May meeting, a small group (see photo) as this trip coincided with the 100th birthday party of well-known Paihia resident, Lady Elizabeth Reed, and some of our group had been invited.

Although small in numbers, we thoroughly enjoyed yet another museum. Each museum we visit is very much part of the area in which it is situated, with artefacts, photos and other memorabilia of times gone by. As with other museums, there is a feeling of needing to return, just to pick up on things you may have missed.

On the subject of local museums: if you reside within the Far North District Council's boundaries, you can, for \$5.00, become a Friend of the Waitangi National Trust and Treaty Grounds. This gives you full entry to the Treaty grounds and the new museum plus a discount at the cafe and gift shop. You will need to show proof of residence. I have been twice and still need to go again to fully appreciate the displays.

After our visit we took in the Madhatter's Cafe for a late lunch and to discuss what we had seen.

*Don Jansen*

<b>2015 - 2016 Committee</b>			
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