

#### **March 2018**

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#### From the Chair

I hope you're enjoying getting back into your U3A activities after the summer break. It's nice catching up with friends and also meeting new members. All the members I've met seem refreshed and eager to be stimulated or entertained again.

We started four new groups in February, two more will start in March, and, as you can see on page two, another group will start in May, giving us 31 groups, covering 26 topics.

I'd like to thank our wonderful facilitators who make these groups possible; they are the people who make U3A such a great organisation. We are always looking for ideas for new groups and for new facilitators, so please contact our Group Convenor, Judy Ramsey, if you'd like to suggest a group or offer your services as a facilitator.



Lesley McNaughton

## **February General Meeting**

Josephine Wood – Let's Talk – Opening up the Communications Umbrella

The subject of Josephine Wood's talk at the General Meeting was "Communication". What was delivered was far more than a talk, it was Communication with a capital "C". Jo not only talked of communication, but demonstrated it in about every way possible. Jo demonstrated that amplification was not necessary if you opened your mouth and projected your voice. This was emphasised with body movement and startling statements. There was ongoing interaction with the audience who happily responded to her encouragement to express our thoughts and even challenged what Jo had said. Audience members happily participated in demonstrations even although normally they would have shied away from any such activities.



One thought that everyone would have taken from is that one should avoid saying we are having "senior moments" but call them "intellectual intervals". Jo demonstrated the different spaces between people from intimate spaces to personal spaces and on to social spaces and public spaces. In each instance the distance between the person you are speaking to is important if the intended message is to be communicated.

Just in case we had not understood what Jo was demonstrating throughout her communication Jo told us the extent to which the message we are trying to communicate is received is dependant 7% on the words we use, 38% by our voice personality i.e. the way we sound, and 55% our non-verbal indicators such as our body gestures. Jo demonstrated this in a presentation that most certainly delivered the message.

\*\*David Welch\*\*

### **Group Convener's Report**

Antiques and Collectibles: this one fell through the cracks for the February newsletter, and I would like to apologise for my error. However it is back on the schedule, but with a change of venue and facilitator. Jan White has taken over from Cora McKay and I would like to thank Cora for being the past facilitator of this group, and also thank Jan for taking over from her. Please check the schedule for the new venue.

East to West, as such, has finished so the group has turned around and headed back to the East and the group will be following Alexander the Great, the Trojans and Helen of Troy.

Adventures in English will have its last meeting in March. Thank you Pam for finding and presenting such an interesting series for us. The time slot taken by the Adventure in English will be filled by a new series The Story of China. However because the first Monday in April is on Easter Monday, the Story of China will not start until the first Monday in May. There are still two places in this new group, so please contact me if you wish to explore China.

Judy Ramsey

#### **New Members**

Welcome to Noni Kenny and Roger Larkin. We hope you'll enjoy being part of U3A.

## An opportunity for U3A artists and photographers



Moira Warnock is planning an exhibition of art produced by U3A members to be held in the Turner Centre in July and August. This is not a U3A event but the committee appreciates that it will provide a valuable opportunity for some of our talented members. If you are interested in joining the exhibition, please contact Moira.

# The Story of China Group – starting in May.

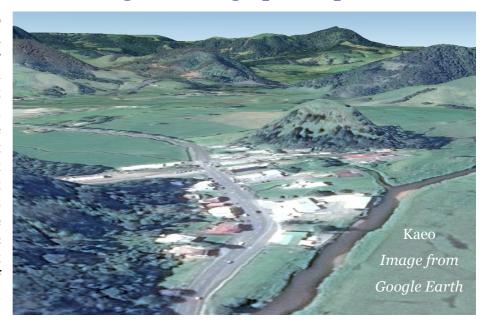


Historian Michael Wood presents a six part series examining the history of the oldest continuous state. The Babylonians, the Egyptians, the Persians, all the civilisations we learnt about are in the past but China has survived through its ups and downs to become one of the dominant nations of our times. Michael Wood examines the origins of this civilisation and how, even today, it is history/people centred. He talks to the people, visits the enactments of ancient festivals, visits the important places in Chinese history. He tells us of Chinese growth, power and influence over 5,000 years. He opens the door to an

amazing past for us. This group will begin first Monday in May. Pam Jenkins

## **Picture This Group - Name Change to Photographic Expeditions**

The name of the group "Picture This" was chosen at a time when there was another group whose name included "Photography". Now that that group is no longer existence and because the name "Picture This" did not give any indication of what the group did, the group felt that a name change was appropriate. The name chosen is "Photographic Expeditions". It is hoped that this will enable members of U3A to better understand what the group has been doing and will be doing.



So far the group has visited eight locations There are, however, many more locations to visit. The group is intended for anyone who enjoys going out and taking photos and at the same time learning a little bit about taking good photos.

\*\*David Welch\*\*

Their next location will be Kaeo. Please see the Group Schedule for details.

Editor

#### **Art History 1 Group (Monday)**



This group is looking at the history of German art. We have a DVD series, and then do a bit more. Diana presented her research on Albrecht Dürer. (1471-1528) the German Renaissance artist, mathematician, and scientist. He became interested in the relationship between mathematics and art and was first to write a book about the laws of perspective. It was printed in the German language rather than Latin. He felt this knowledge shouldn't be just in the hands of a few. Included in the book were nets for the construction of 3D geometric solids.

In 1514 he created one of his most famous works, "Melencolia 1". This woodcut features the first magic square published in Europe. It is a 4x4 magic square with the numbers 1-16 and has the magic number 34. There are 86 unique solutions to the magic number, unheard of in any other magic square of its type.





Also featured in the wood cut is a geometric solid, drawn in perspective and known as "Dürer's solid". It is a **truncated triangular trapezohedron**. It has six pentagon and two triangular faces.

The group spent a happy hour trying to solve the mysteries of the magic square and then set about trying to construct Durer's solid from both a net and sticks and balls. *Iris Steensma* 

## **Antiques and Collectables Group**

I think that we start collecting whilst at school, swapping the latest fads, boys with their marbles and sport cards, bits of string etc, and girls with the latest pop or film idol photo. With me it was anything and everything (even today I can't pass a conker tree without picking up those beautiful shiny conkers)!



I love social history and that means everyday items from the past. China, glass, silver wear, thimbles, sewing bits and bobs that my gran had in her button box. Items that now seem to be disappearing. Collecting need not be expensive and hunting for items can be fun with sources such as garage sales, boot fares, op shops local auctions, Trade Me and ebay. The world is your oyster. Collections don't have to be valuable but they do have to be fun. So if you enjoy collecting from the past why not join our group Antiques and collectables, first Friday in the month 10.00 till noon. Bring along an item that you are interested in for our show and tell session. I thought that for our first meeting this year we could look at silver hall marks and how to date an item also the difference between silver and plate. I look forward to meeting old and new members again.

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