

From the Chair

I was sorry to miss the October General Meeting, mainly because the talk was on a subject that I would have found particularly interesting, being both a Land Surveyor and a recreational pilot! Great to be able to share in another person's amazing experiences. Sorry there wasn't a great turn-out, with all the effort that is put into setting up these meetings, but hope to see more of you at the February meeting.

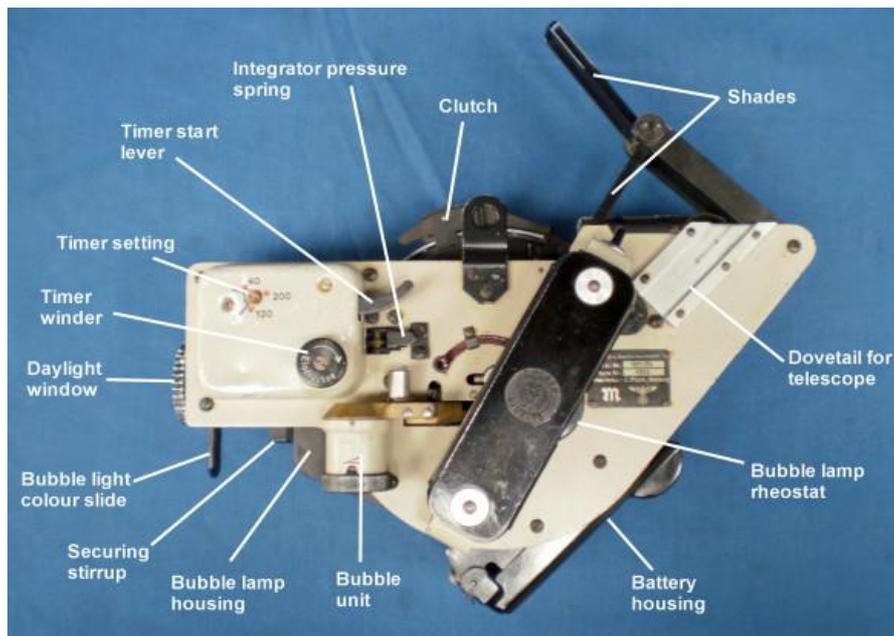
Susie and I were both away in our caravan, and I can't say the weather has been that kind to us recently with wind and rain rocking us awake rather than to sleep! I hope it's been kinder to you all in Kerikeri.

How did you get on with the quiz last month? I had a couple of positive responses, so here are the answers, and 10 more questions to ponder over. Enjoy.

Drew Barlow



General Meeting Monday 21st October



A Bubble Sextant

Captain Alan Murgatroyd's presentation, "Navigation before the Days of GPS", with accompanying PowerPoint presentation filled me with admiration for the expertise of pilots and navigators. I will not attempt to repeat the wondrous formulae or to describe the instruments involved as you can reveal all by logging on to www.astronavigationdemystified.com.

From pilots having to navigate for themselves, following maps and landmarks, to the challenge of flying over oceans and poles, to today's hi-tech life, things have certainly changed. Alan was given a "computer" by the RAF 60 years ago. He still has this piece of cardboard!

"The new airliners will be flown by a pilot and a dog. The pilot is there to feed the dog. The dog is there to make sure no one touches anything." *Jenni Wilson*

Group Convenor

October saw three new groups starting, and several more are due to start early next year. It is great to see some fairly new members facilitating groups, as well as some amazingly busy long term members running several groups all at once. We continue to be grateful for the hard work and enthusiasm of our facilitators.

I am writing my report with a view from our caravan of a lovely vineyard and trees bursting with blossom in Taupo. I was sorry to miss the excellent talk at the General Meeting.

It is good to see new members continuing to join and new ideas for groups popping up all the time. We are always open to ideas.

There has been some interest in the groups listed below, but we need more members and a facilitator to get started.

New Group Ideas

Famous/Infamous

The group all take it in turns to share a story of someone magnificent, or maybe notorious, or maybe a bit of both. A lively discussion may follow.

Wine appreciation

This can be about regions, new world verses old, methods, visits to wineries etc. and could also be a topic within the "Food Group".

Groups starting February 2020

Food Group (in addition to the Cuisine Group which continues)

This will be commencing in February 2020. The group is almost full, but do get in touch if you are interested. We will be looking at all aspects of food, such as methods, cheese making, food processes, health aspects of foods, environmental issues, the plant based revolution, organic versus not, etc.

Climate Change and Effects on Life since the beginnings of the Earth

This will be a PowerPoint based group led by Uli Novak, discussing the beginnings of conditions on earth for life and the constant changes evolving over time, involving tectonic movements of continents, the coming and going of life forms and ever changing climate conditions. As much as possible, attempts will be made to present evidence and explanations for the changes.

This will be a course spanning about 8 months. A keen interest in science is quite essential.

Please contact Uli Novak if you are interested in joining the group, which will commence early next year.

Are you interested in any of the groups above?

Please let me know as soon as possible:

Email group.convenor.u3a.boi@gmail.com Phone 09 407 9748 or 021 731 748

Group Convenor *Susie Barlow*

I also have an extra little quiz for you, with the answers, as this has been requested by several members. I hope the information is useful.

A question for you all?? (Not part of the Chair's quiz!). A "Drip Feed" Quiz.

What am I talking about?

There are over a hundred in Kerikeri. (5 points if you can guess the answer)

They are in all ASB banks. (4 points)

There is an app you can get to show you where they are. (3 points)

They save lives. (2 points)

You need no training to use one as they talk to you and tell you what to do with it. (1 point)

The answer is an AED.

If you know what I am talking about, that is great and I hope you are around when I need you! If not, here is the explanation.

Defibrillators. Also known as an Automated External Defibrillator (AED).

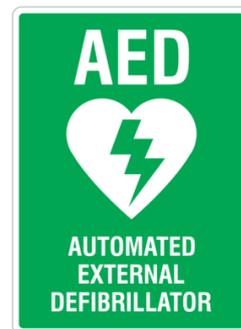
Defibrillators are devices that restore a normal heartbeat (save lives when someone has a heart attack) by sending an electric pulse or shock to the heart. They are used to prevent or correct an arrhythmia, a heartbeat that is uneven or that is too slow or too fast. Defibrillators can also restore the heart's beating if the heart suddenly stops. AEDs are found in many public spaces. They may be used in an emergency to help someone who is experiencing sudden cardiac arrest.

You often find AEDs in places with large numbers of people, such as shopping malls, golf courses, gyms and swimming pools, businesses, airports, hotels, sports venues, and schools. You can also purchase a home-use AED.

The AED is in a case about the size of a large first-aid kit. Many AEDs have a heart logo in red or green. Large letters on the case or the wall where it is stored might spell out A-E-D.

The app...works well. I have it on my phone. For more information copy and paste this link into google.

<https://www.healthnavigator.org.nz/apps/a/aed-locations-app/>



Answers to U3A BOI Quiz No. 1

1. In Italian cooking what is 'gnocchi'? [Pasta dumpling](#)
2. What does BSA stand for in the make of motorcycle? [Birmingham Small Arm](#)
3. Which language does the word 'ROBOT' come from? [Czech](#)
4. What part of New Zealand has the Maori name Rakiura? [Stewart Island](#)
5. Which was the first flag to reach the moon and in which year? [Miniature Russian flags were scattered on the surface of the moon by Luna 2 in 1959](#)
6. What was the first Beatles record to hit the top of the UK single charts? [From Me to You](#)
7. What does a numismatist collect? [Coins](#)
8. What is a 'filbert'? [Hazelnut](#)
9. Which is the fastest animal in the world? [Falcon – 130mph \[male gyrfalcon in the 'stoop'\]](#). [Twice the speed of the fastest land animal – cheetah - 64mph](#)
10. Which of these is NOT a New Zealand invention?
A. Sunscreen. B. Referee's whistle. C. Disposable syringes. D. Instant Coffee. [A. Sunscreen.](#)

B. Referee's whistle: New Zealand referee William Atack became the first sports referee in the world to use a whistle to stop a game in 1884.

The referee's whistle is now the norm for umpiring, but until Atack came out on the ground whistling, referees had to raise their voices to control games.

C. Disposable syringes: Year: 1956, Inventor: Colin Murdoch, Where: Timaru, New Zealand

How would the medical world look today without this crucial invention?

Fortunately, [Colin Murdoch](#), a pharmacist and veterinarian concerned about the increased chances of infection caused by the reuse of syringes, came up with a new concept: the plastic reusable syringe that would replace the ones made of glass. One of New Zealand's most outstanding inventions was initially held off due to lack of funding, but after a few years, the researcher was granted with the appropriate resources, thus managing to finish this project that would change the world.

D. Instant Coffee: Year: 1890, Inventor: David Strang, Where: Invercargill, NZ

Although instant coffee had been tested at first in the form of a cake during the American Civil War, in 1890, New Zealander David Strang was the one who patented this magic drink.

Japan worked on perfecting its method of preparation and from there on it became an essential drink that would boost soldiers up during the First World War

U3A BOI Quiz No. 2

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| 1. What was Elvis Presley's middle name? | 6. Which is the lightest metal? |
| 2. When was the first Channel Tunnel begun? | 7. What does Eldrick Woods do for a living? |
| 3. What are the Roman numerals for 400? | 8. How long did the 100 years' war last? |
| 4. What words are the 'PARALYMPICS' shortened from? | 9. Which Nobel prize-winning writer shot himself in 1961? |
| 5. If 87 birds and cats have 252 legs between them, how many cats are there? | 10. Give the previous name of the country now called Malawi. |

Calendar

2019

Saturday, 16 November:



U3A BoI Can Do Ceilidh
2.00pm to 5.00pm, Saturday 16 November 2019
Cornerstone, 144 Kerikeri Road, Kerikeri

For Tickets
Contact Moira on 09 407 6389 or warnockmoira@gmail.com

Last year everyone threw caution to the wind and joined in the dancing. This year we can trip the light fantastic (no previous experience required) and enjoy watching the display by our very own Scottish Country Dancing Group. There will be songs, music, poetry and laughter — afternoon tea. So put on your dancing shoes and come and join the fun.

Admission by pre-paid ticket (\$5.00) only. Numbers are limited so don't delay.

2020

Monday 17 February:

General Meeting, Kerikeri Sports Complex,
10.30 a.m. Speaker: TBA

Monday 20 April:

General Meeting, Kerikeri Sports Complex,
10.30 a.m. Speaker: TBA

Monday 15 June:

AGM and General Meeting, Kerikeri Sports Complex
10.00 a.m.

Current Affairs Thursday

It's very difficult to have a lively discussion when there is so little going on in the world! Just as well that is not the case.

The local elections were our focus at the start of the session. It was interesting to note that through the lack of a 'real' local paper the electorate were very much in the dark as to what was going on. How many were contesting which seats or bodies? What were they telling us? What did they intend to do etc? The Northern Advocate and the Northern Age had coverage but not a truly Kerikeri viewpoint. When our voting papers arrived a booklet attempted to introduce the candidates and what they were about but the information was limited and a bit grey. What was apparent was that there were one heck of a lot of candidates. Did this indicate a dysfunctional council or a dynamic and enthusiastic contest or something else? Well we certainly didn't know. I believe we concluded that the numbers alone would split the vote and thought that 'Name Recognition' would win the day with the likelihood of the same old faces returning to power! (*This portion was penned before the results were known.*) I guess we all just hope for a transparent and cohesive form of governance.

Our next topics allowed us to wallow in smugness. How wonderful to be New Zealanders and look at the 'Shenanigans' or 'Legitimate Political Manoeuvring' occurring in America and Britain, depending on your point of view. At the end of it all 'The Donald' will probably allow us to have a better understanding of what is meant by 'Impeachment' and 'The Boris' has definitely educated us. Who knew the meaning of Proroguing before the more recent UK shut down?

Our own Prime Minister has been to the UN and if you believe our one eyed press she made a great impression with her speech. One can't help but wonder which speech will be remembered, Jacinda's or Greta's!!

We continue to put the world to rights and can't quite understand why the politicians struggle to do the same.

Stuart Leitch

2019-2020 Committee			
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